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**CLIENT INFORMATION**

Your cooperation in completing this questionnaire will be helpful in planning my services to you. Please answer each item carefully or ask for clarification if you do not understand an item.

Clients

Full Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_

Street

City

State

Zip Code

Telephone: \_\_\_\_\_

(home)

(work)

(cell)

(email)

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Education: \_\_\_\_\_

Spouse (or significant other)

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Telephone: \_\_\_\_\_

(work)

(cell)

If client is a minor:

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Father's Address: \_\_\_\_\_ Mother's Address: \_\_\_\_\_

Father's Phone: \_\_\_\_\_ Mother's Phone: \_\_\_\_\_

(home)

(home)

(work)

(work)

If parents of minor child are separated or divorce, please describe living arrangements and decision-making Arrangements (Custody): \_\_\_\_\_

Parental Access Schedule: \_\_\_\_\_

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Briefly describe your reasons for seeking help: \_\_\_\_\_

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Who referred you?: \_\_\_\_\_

When was client last examined by a physician?: \_\_\_\_\_

List any major health problems for which client currently receives treatment: \_\_\_\_\_

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List any medications currently being taken: \_\_\_\_\_

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Has client ever received psychiatric or psychological help or counseling of any kind? \_\_\_\_\_

If so, please explain: \_\_\_\_\_

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Has there been any history of:  
Violence \_\_\_\_\_, Sexual Abuse \_\_\_\_\_, Suicidal Thinking \_\_\_\_\_, Suicide Attempts \_\_\_\_\_

Drug use \_\_\_\_\_, Alcohol use \_\_\_\_\_

If so, please explain: \_\_\_\_\_

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Please circle any of the following which pertains to client.

- |                 |                      |                  |                |
|-----------------|----------------------|------------------|----------------|
| Nervousness     | Depression           | Fears            | Shyness        |
| Sexual Problems | Suicidal thoughts    | Separation       | Divorce        |
| Anxiety         | Drug use             | Alcohol use      | Friends        |
| Anger           | Self-control         | Unhappiness      | Sleep          |
| Stress          | Work or school       | Relaxation       | Headaches      |
| Tiredness       | Legal matters        | Memory           | Ambition       |
| Energy          | Insomnia             | Making decisions | Violence       |
| Loneliness      | Inferiority feelings | Concentration    | Education      |
| Career choices  | Health problems      | Intimacy         | Temper         |
| Nightmares      | Marriage             | Bowel Problems   | Being a parent |

List the members of your family and all others living in your home:

Name(s)	Age/Birth Date	Relationship	Occupation/Grade

Please add any additional information which you feel may be useful for me:

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\_\_\_\_\_  
Your signature

Thank you for completing this questionnaire.